



# INDIAN INSTITUTE OF YOGIC SCIENCE & RESEARCH (IIYSAR)

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## PUBLICATION

### **Patañjali's Yoga Sūtra**

Translation and Commentary by Sanyasi Yogeshwar, Principal, Indian Institute of Yogic Science & Research (IIYSAR)

### **Haṭha Yoga Pradipikā**

Translation and Commentary by Dr. Gautam Mishra, Ph.D in Dharma Śāstra, Sri Jaganntha Sanskrit University

### **A Systematic Approach to Yogic Practices**

Sanyasi Yogeshwar, Principal, Indian Institute of Yogic Science & Research (IIYSAR)

### **A Systematic Approach to Nature Cure**

Surendra Pradhan, Naturopath, Acharya Shriram Sharma Institute of Yoga & Nature Cure

### **Yoga Sikhā Upaniṣad**

Translation & Commentary by Kaviraj Dayanidhi Mishra

### **Yogic Trilingual Dictionary** (Sanskrit - English - Hindi)

Dr. Gautam Mishra, Ph.D in Dharma Śāstra, Sri Jaganntha Sanskrit University

### **Prenatal Yoga**

Shree & Sarda, Indian Institute of Yogic Science & Research (IIYSAR)